An abstract graphic design on the left side of the page. It features a grid-like structure with various colored quadrants: a yellow-green top-left, a teal top-right, a red bottom-right, and a purple bottom-left. A white circle is centered at the intersection of the red and purple quadrants. Several curved lines, some solid and some dotted, radiate from the center. A series of horizontal lines of varying lengths extends from the top-right corner towards the center.

# EDUCATING *the* HEART

6<sup>th</sup> Annual Social Emotional Conference

**SATURDAY • JANUARY 20, 2018**

8:00 AM - 4:30 PM

Montgomery County Community College  
340 Dekalb Pike, Blue Bell, PA 19422

6 PQAS Hours | ACT 48 Credits | Registration Fee: \$21

*theory into practice*



# EDUCATING THE HEART

## 6<sup>TH</sup> ANNUAL SOCIAL EMOTIONAL CONFERENCE

Meeting the social and emotional needs of every child is one of the most difficult goals in any classroom and program. This conference will provide you with resources, tools, and strategies that you can start using immediately in your classrooms and programs.

- **EARLY CHILDHOOD/SCHOOL-AGE (ECE/SA):**

*Focus on classroom strategies and activities to support resiliency building, brain development, behavior management, trauma-informed practices, inclusion, mindfulness, interactions, relationship building, and positive social/emotional health.*

- **LEADERSHIP/COMMUNITY:**

*Focus on community resources, creating emotionally healthy work and home environments, expulsion prevention, and community partnerships.*

- **SELF-CARE:**

*Focus on personal mindfulness, self-awareness, and resiliency building.*

- **PRACTICE MAKES PERFECT MINI SESSIONS:**

*Provide hands-on activities or techniques that support the development of social skills.*

Join us in creating intentional connections that build a healthy social emotional foundation for the children in our community.

## REGISTRATION INCLUDES:

- Lunch
- 6 PQAS Hours
- Act 48 Credits
- Practice Makes Perfect Mini-Sessions
- Lunch & Resource Fair

## TO REGISTER:

**Online:** [www.pddimensions.org/SocEmConf](http://www.pddimensions.org/SocEmConf)

**Registration Fee:** \$21.00

**Deadline:** January 18<sup>th</sup>

## REGISTRATION INCENTIVES:

### Early Bird Registration:

Anyone who registers between December 1<sup>st</sup> and December 31<sup>st</sup> receives 5 free additional raffle tickets.

**QUESTIONS:** Call 610.617.4550, opt. 4

## CONFERENCE OVERVIEW

### REGISTRATION

8:00 am - 9:00 am

### WELCOME & KEYNOTE

9:00 am - 10:15 am

### WORKSHOP SESSION I

10:30 am - 12:30 pm

### LUNCH & RESOURCE FAIR

12:30 pm - 1:00 pm

### MINI-SESSIONS: PRACTICE MAKES PERFECT

1:10 pm - 2:20 pm

### WORKSHOP SESSION II

2:30 pm - 4:30 pm

### CONFERENCE ENDS

4:30 pm

## HOST



Montgomery County  
Community College

SCIENCE CENTER THEATER

340 Dekalb Pike • Blue Bell, PA 19422

## SPONSOR



**SOUTHEAST  
REGIONAL KEY**

a PHMC program

FUNDED BY:

**SOUTHEAST REGIONAL KEY (SERK)**

at Public Health Management  
Corporation (PHMC)

# KEYNOTE SPEAKER

## Barb O'Neill, Ed.D



Barb O'Neill, Ed.D is the founder of Transform Challenging Behavior, a training and consulting business that helps early childhood programs develop systems and skills to set children up for success and ensure that no child is expelled because of their behavior. She holds an Ed.D. in Early Childhood Education from Teachers College, Columbia University. A former professor, Barb has researched many of the methods she teaches and has published in early childhood journals including, NAEYC's Young Children and Teaching Young Children.

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# KEYNOTE TOPIC

## **Become a Behavior Magician and Transform Challenging Behavior in Your Classroom**

Struggling with children's behavior? You are not alone. Teachers report this as the most stressful part of the job. Step into your power and create an approach to preventing challenging behavior that you believe in and that works. Learn why building on children's propensity for play is essential and how integrating simple theater techniques can transform behavior problems overnight. Put your personal spin on the strategies shared and watch the real magic happen.

# AM SESSION INFORMATION

## **Improv-Based Play Support: A Simple Yet Powerful Approach to Fostering Social-Emotional Development**

*Barb O'Neill*

*ECE/SA K1.8 C2*

Learn how to support children's play in ways that: 1) enable you to build a positive rapport with even the children that challenge you most; 2) promote language and communication; 3) help children learn to play cooperatively with peers, and 4) foster the inclusion of children with disabilities or that exhibit challenging behavior.

## **The Impact of Experiences on the Brain: Play the Renowned Architecture of the Brain Game**

*Cindy Terebush*

*ECE/SA K1.3 C2*

Play the "Brain Architecture Game" to discover how positive events, tolerable stress and toxic stress impact the development of the brain. During this fun, hands-on session, you will experience the impact that events and caring adults can have on the brain. Come, learn and be a brain architect!

## **21<sup>st</sup> Century Classroom Teacher's Toolbox**

*Jeffrey Dutt*

*ECE/SA K2.13 C2*

Are disruptive behaviors, short attention spans, motivational problems, difficulty in communicating with families, unrealistic educational goals, and frustration plaguing you in your classroom? This course will address how a professional working in a 21st century classroom can deal with the above issues and teach our students to be effective problem solvers.

## **Effective Communication: Strategies for Teamwork**

*Rebecca Lamar*

*Leadership/Community K5.1 C2*

Creating a culture for teamwork can be a challenge without the right tools. Participants will discuss communication and teamwork in early childhood settings and why it is important for children and families.

## **Captain of the Ship: Sailing your School to Success with Compassion and Strength**

*Ron Shuali*

*Leadership/Community K5.1 C2*

Directors transform into cooks, salespeople and teachers depending on the situation. Participants will learn new skills to increase their knowledge of sales, management, effective communication and the secret on how to hire and keep the most qualified teachers in the world of preschool turnover. All while laughing through the workshop.

## **Storiez: A Feelings Guide**

*Dr. Meagan Corrado*

*ECE/SA K1.4 C2*

This training will support participants in understanding the function and neurobiological implications of feelings. It will then introduce participants to nine steps to support children in appropriately expressing and managing their emotions. These steps are introduced using relatable examples and interactive activities.

## **Playful Support: Promoting Healthy Play Practices in the Classroom!**

*Alexandra Gil*

*ECE/SA K2.14 C2*

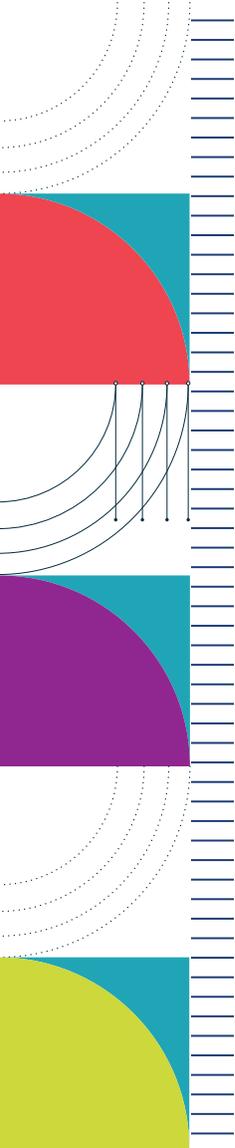
Play is a fun part of a preschooler's day and it is also important for overall development. In this interactive session, we will explore various ways you can promote positive play practices in the classroom through the arrangement of center materials and helping children to develop friendship skills.

## **Unplug and Recharge: Implement Sustainable Techniques to Relax and Reduce Stress**

*Paola Ricardo*

*Self-Care K2.12 C2*

Life can be stressful, and often, one forgets to make time for self-care. During our RECESS (*Resetting Experiencing Connection and Establishing Stress-relief Solutions*) session, we will discuss self-care techniques and their implementation. Participants will create a toolbox of sustainable practices to reduce stress in the classroom and at home!



# AM SESSION INFORMATION

## Supporting Social Emotional Development of Infants and Toddlers: Overview of the Pyramid Model

*Monica Stanoch* ECE/SA K2.13 C2

This session will review the Pyramid Model as it relates to positive social emotional development and the Inventory of Practices tool which will be utilized to determine the program's technical assistance needs. Participants will explore the social emotional development of infant and toddler children as it exists within the context of caregiving relationships and responsive environments.

## Building Your Bounce: Simple Strategies for a Resilient You

*Susan Damico* Self-Care K2.13 C2

This presentation will be a mix of lecture, hands on and interactive. Participants will have an opportunity to first learn about the important connection between adult resilience and child outcomes and then have time to assess their own protective factors and begin to create a resilience-building action plan.

# PM SESSION INFORMATION

## The Impact of Experiences on the Brain: Play the Renowned Architecture of the Brain Game

*Cindy Terebush* ECE/SA K.13 C2

Play the "Brain Architecture Game" to discover how positive events, tolerable stress and toxic stress impact the development of the brain. During this fun, hands-on session, you will experience the impact that events and caring adults can have on the brain. Come, learn and be a brain architect!

## 21st Century Classroom Teacher's Toolbox

*Jeffrey Dutt* ECE/SA K2.13 C2

Are disruptive behaviors, short attention spans, motivational problems, difficulty in communicating with families, unrealistic educational goals, and frustration plaguing you in your classroom? This course will address how a professional working in a 21st century classroom can deal with the above issues and teach our students to be effective problem solvers.

## The Power of a Positive Attitude in Teaching Success

*Rebecca Lamar* Leadership/Community K2.13 C2

This professional development event is designed to give ECE practitioners who are working in the classrooms, an overview of the effects of stress and the impact it can have on their entire classroom management. Participants will recognize the key elements of stress as well as selecting appropriate methods to manage it at all levels. Participants will reflect on their current practices and identify areas of development, and then participants will create an action plan that includes application of best practices when working with children

## Take Your Classroom Back: Making Miracles in the Classroom

*Ron Shuali* ESE/SA K2.13 C2

The participants will be introduced to a behavior management system that is based on auditory, visual and kinesthetic movements and sounds. This system has been proven effective for eliminating negative behaviors in children as young as 12 months to middle school aged students.

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## **Supporting Social Emotional Development of Preschoolers: Overview of the Pyramid Model**

*Monica Stanoch*

*ECE/SA K2.13 C2*

This session will review the Pyramid Model as it relates to positive social emotional development and the Inventory of Practices tool which will be utilized to determine the program's technical assistance needs. Participants will explore the social emotional development of preschool children as it exists within the context of caregiving relationships and responsive environments.

## **Getting Along in the Classroom**

*Pat Hess*

*ESE/SA K2.14 C2/K2.13 C2*

The primary role of the school-age practitioner is to teach social skills. We will discuss the whys and needs of teaching social skills. Participants will examine ways to support the development of social skills through play and cooperative games. We will also examine how to engage students in positive interactions when problem behavior occurs.

## **Self-Care 101: Using the Oxygen Mask of Life as a Caregiver**

*Erin Connolly*

*Self-Care K2.13 C2*

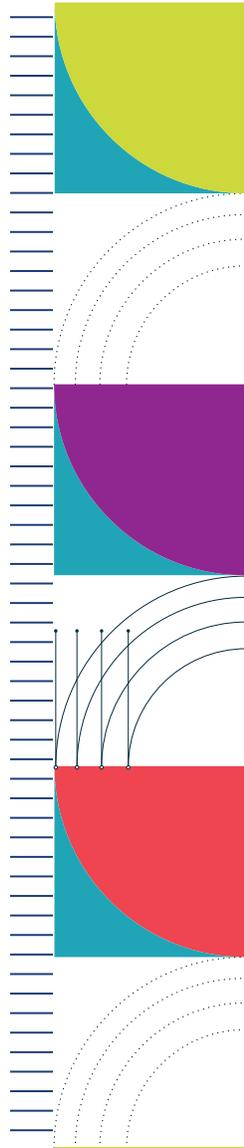
If we aren't breathing, we aren't living. This workshop is designed to provide guidance and support for all caregivers, beginning with breath work. When we practice what we preach by putting on our oxygen mask first, our children will learn by example creating healthier emotional environments and stronger communities.

## **Yoga in the Classroom**

*Kristin Kunkle*

*ESE/SA K2.13 C2*

A growing body of research is demonstrating promise for mindfulness and yoga-based interventions in schools. Potential benefits include increasing positive behavior, improving academic performance, and the regulation of children's emotional state. In this workshop, participants will investigate research-based best practices for yoga in schools.





**TO REGISTER:**

[www.PDDimensions.org/SocEmConf](http://www.PDDimensions.org/SocEmConf)

*registration closes* **JANUARY 18<sup>th</sup>**

**Snow Date: FEBRUARY 3, 2018**